

# DEFENAGE'S 150K HAIR FOLLICLE SERUM



WITH ANETTA RESZKO, MD, PHD

In each issue, *Modern Aesthetics*® magazine asks top cosmetic doctors about the newest cosmeceuticals they are offering to patients. Here, New York City dermatologist **Anetta Reszko, MD, PhD**, discusses why she recommends **Defenage's 150K Hair Follicle Serum** for thinning hair.

## What is Defenage's 150K Hair Follicle Serum?

**Anetta Reszko, MD, PhD:**

The Defenage 150K Hair Follicle Serum is a fast-absorbing, highly potent serum that treats the scalp and hair follicles, restoring their youthful state. The serum prevents shedding, rebalances the scalp microbiome, and strengthens the hair follicles.

The product is brand new on the market. I have been using it regularly on my scalp and recommend it to my clients at my private practice in New York City. The formula contains proprietary potent defensin molecules, which signal the body to strengthen existing follicles by activating dormant natural reserves and increasing blood and nutrition supply. In addition to defensins, it contains potent antioxidants, algae extracts, vitamins, antiinflammatory mediators, and peptides that target various parts of hair miniaturization and the hair loss process.

## How do you suggest that your patients use this product?

**Dr. Reszko:** Consistency is key for best results. Use several pumps of

the product on clean hair and scalp. Unlike other products that might cause scalp irritation and dryness, 150K Hair Follicle Serum is well tolerated and nonirritating. It also won't leave hair greasy.

## What type of results are your patients seeing with regular use?

**Dr. Reszko:** Patients are seeing thicker, more voluminous hair with less shedding and breakage. It is great to use on the beard and eyebrows as well.

## What procedures does this product complement?

**Dr. Reszko:** The Defenage 150K Hair Follicle Serum complements in-office treatments such as platelet-rich plasma injections and scalp microneedling. The serum is also safe and effective to use with prescription minoxidil.

## How does skincare fit in with your practice philosophy?

**Dr. Reszko:** In my clinical practice, I do like to combine various in-office procedures with highly scientific and researched topical formulations. Appropriately selected and combined topical formulations can dramatically enhance the results of in-office procedures. ■

*Dr. Reszko disclosed no relevant financial interests.*

